

Abstract

Title: Significantly influence subjective psychological Stress perceived Factor Analysis.

Objectives: The main Aim of this Work is subjective perceived psychological Stress changing comparison of professional Soldiers Group before and after psychological Stress, They receive every Day in their Job.

Methods: The Method used in this Work is Research by standard Questionnaire consists of two Parts. One of Them was realised before psychological Stress and the second One was realised after the psychological Stress. Both Parts of Questionnaires was analyzed and statistically evaluated.

Results: By the Research was found, that from researching Age, Education and Length of Service in Unit Factors, the most significant Influence on Changes of subjective perceived psychological Stress have the Age and the Length of Service Factors. After that was found, the subjective perceived psychological Stress at the End of all-day Duty have increased.

Keywords: Stress, psychological Stress, Frustration, Trauma, Post-traumatic Stress Disorder, peacekeeping Operation, Soldier.